

Amity Bible Church

“Knowing God and Making Him Known”

Sunday Bible Study

Series: God is _____

August 20, 2017

Text: 1 Samuel 1:1-20

Theme: “God is our Peace”

SERMON TITLE: “God’s Remedy for Our Anxiety”

Key Observation: This is the story of the faith of a woman who was barren for many years and God ended up granting her request for a son.

Lesson: *Even though we do not think God hears our prayers, He does. Never underestimate the power of prayer. It will either change you or change your situation.*

Movement #1: Hannah’s Dilemma (1 Samuel 1:1-8)

In these first 8 verses, we see how distraught Hannah was and the three sources of her anxiety.

SOURCE #1 – The Voice of her SPOUSE (vv. 1-2) – Because Hannah was unable to have children, her husband decided to take on another wife and have children by her. This had a devastating effect on her self-image.

LESSON FOR THE MEN: Our words, both verbal and non-verbal can have a huge effect on our wives’ self-esteem.

SOURCE #2 – The Voice of her **SOCIETY** (v. 3) – Three times a year it was required for Jewish men to take their families to the religious center to celebrate a feast. Hannah was surrounded by women with children. In her society, there was an immense amount of pressure to be able to give your husband children. Hannah felt that pressure every time she attended these feasts.

LESSON: Our society has a voice too that says we should be at a certain place by a certain time and if we are not, we feel anxiety and feel “behind.”

SOURCE #3 – The Voice of her **SURROUNDINGS** (vv. 4-7) – To make things worse, her husband’s second wife made it her goal to provoke her to jealousy; to irritate her; to embarrass her; to make her feel worse for not being able to have children.

LESSON: Be careful not to listen to the voices around you. They will cause you to feel envious and jealous of other people.

Movement #2: Hannah’s Deliverance (1 Samuel 1:9-20)

In verses 9-20 we see what Hannah did to overcome her anxiety. This then becomes the model for us to follow.

- 1) Hannah had the right **PRAYER** – vv. 9-16 – Let’s observe several things about her prayer.
 - a. She prayed with **PASSION**
 - b. She prayed with **PURITY** – She had the right motives (cf. James 4:3)
 - c. She prayed with **PERSISTENCE**

- d. Her prayer gave her PEACE – vv. 17-18 – Right after she prayed and gave it over to God she experienced the peace of God (cf. Philippians. 4:6-8).
- 2) Hannah had the right **PERSPECTIVE** – 1 Samuel 2:1-10 – In this prayer Hannah puts her theology on display. She understands that God is in control of all things and has a unique way of balancing the scales in His timing and not ours.
- 3) Hannah had the right **PRAISE** – v. 19 – Notice here that after she prays her and her husband get up the next morning and begin to worship God. The key here is that she did not wait until God answered her prayer before she praised. She praised God in advance. And that is the lesson for us to follow.

OVERALL LESSON: Never give up on the power of prayer.