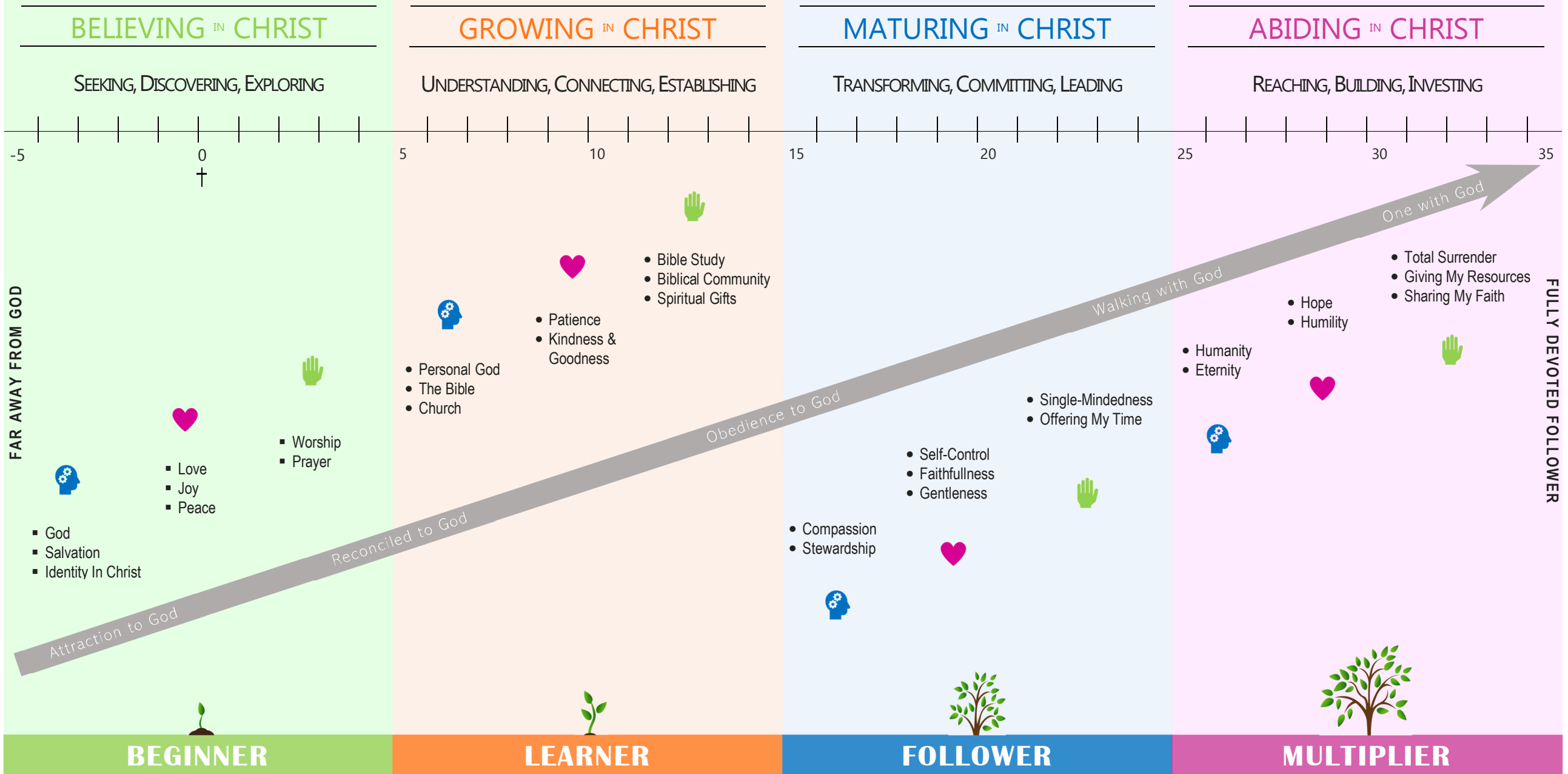


# 30 ESSENTIALS OF THE COMMITTED LIFE ♦ SPIRITUAL GROWTH CONTINUUM



## 30 ESSENTIALS

A spiritual growth formation based upon:

**10 ESSENTIAL BELIEFS**

**10 ESSENTIAL VIRTUES**

**10 ESSENTIAL PRACTICES**

They characterize an individual who is committed to their faith and is increasingly growing in their love for God and others.

## 3 ESSENTIAL QUESTIONS EVERY BELIEVER SHOULD

ASK THEMSELVES:

**WHAT DO I BELIEVE?**

**WHO AM I BECOMING?**

**WHAT SHOULD I BE DOING?**

FIND HELPFUL  
RESOURCES BY VISITING:

[www.amitybc.org/30-essentials](http://www.amitybc.org/30-essentials)

- BIBLE STUDIES
- SERMON NOTES
- MEMORY VERSE CARDS
- KEY CONCEPTS CHART
- KNOW-BE-DO END GOALS



# 30 ESSENTIALS OF THE COMMITTED LIFE

BECOMING A FULLY DEVOTED  
FOLLOWER OF CHRIST

## TRUE CHRISTIAN DISCIPLESHIP

is more than only *knowing* (with all **YOUR MIND**), only *being* (with all **YOUR HEART**), or only *doing* (with all **YOUR STRENGTH**). It involves all three according to Jesus' greatest commandment.

**MATTHEW 22:37-40**

## A BIBLICAL PATTERN FOR TRANSFORMATION

**COLOSSIANS 1:9-10**

And so, from the day we heard, we have not ceased to pray for you, asking that you



**be filled with the knowledge of his will** in all spiritual wisdom and understanding,



**to walk in a manner worthy of the Lord,** fully pleasing to him,



**bearing fruit in every good work** and increasing in the knowledge of God.

## KNOW

FAITH INFORMING.

Opening our minds to God's Word and understanding what it says about Himself, people and His plan of salvation.

## BE

FAITH TRANSFORMING.

Experiencing deep internal change to who we are as we grow in intimacy with and likeness to God through the Spirit.

## DO

FAITH PERFORMING.

Responding to what we believe and who we are becoming by getting involved in what God is doing through our actions.